

1. Prices of Essential Medicines Revised

- Over **760 essential medicines** saw a **price increase (~0.6%)** under NPPA regulation.
 - Affected categories:
 - Antibiotics (e.g., amoxicillin, azithromycin)
 - Analgesics (paracetamol, ibuprofen)
 - Drugs for diabetes, cardiac & **मानसिक** disorders
 - Concern:
 - Rising **raw material costs & supply chain disruptions** may lead to further hikes
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2. Government Tightens Control on GLP-1 Drugs

- Strict advisory issued on **GLP-1 receptor agonists** (used in diabetes & obesity).
 - Key points:
 - Must be **prescribed under medical supervision only**
 - Warning against misuse for **cosmetic weight loss**
 - Regulatory action:
 - Inspections & restrictions on **unauthorized sales**
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3. New Health Systems Resource Centre Launched

- A **State Health Systems Resource Centre** established to strengthen healthcare delivery.
 - Focus areas:
 - Maternal & neonatal health
 - Nutrition (stunting reduction)
 - Digital health systems
 - Aim:
 - Improve **quality, affordability, and governance** of healthcare
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4. Rise in Organ Donation in India

- Tamil Nadu reported **88 organ donations in 2026**, with strong March performance.
 - Highlights:
 - Majority donors from **road traffic accidents**
 - Increase in **kidney & liver transplants**
 - Challenge:
 - Low numbers in **heart & lung transplants** due to cost & logistics
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5. Emergency Healthcare Expansion Continues

- States continue strengthening emergency systems:
 - Addition of **ambulances & neonatal ICU units**
 - Impact:
 - Faster response and improved **critical care transport**
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6. Medical Education Expansion Update

- Government data shows:
 - **265 new medical colleges approved in last 5 years**
 - Continued expansion in 2025–26
 - Implication:
 - Improved **doctor availability & training capacity**
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7. Global Research Updates

- New studies suggest:
 - Discontinuation of beta-blockers may be safe in **low-risk post-MI patients**
 - AI systems advancing in **gene expression mapping & diagnostics**