

1. Major Health Reform – Jan Vishwas Bill 2026 Passed

- Parliament passed the **Jan Vishwas (Amendment) Bill 2026**, covering multiple sectors including healthcare.
 - Key impact:
 - Decriminalization of **minor regulatory offences**
 - Reduction in legal burden on hospitals & pharma companies
 - Clinical relevance:
 - Improves **ease of practice** for healthcare providers
 - Encourages **compliance over punishment**
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2. Medical Education Capacity Expands Further

- India now has:
 - **1,28,976 MBBS seats**
 - **68,175 PG seats** for 2025–26
 - Trend:
 - Rapid increase in medical seats over last 5 years
 - Implication:
 - Better **doctor availability** in future
 - But still concerns about **quality & distribution**
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3. Focus on Ethics & Responsibility in Young Doctors

- At a major graduation event, experts emphasized:
 - Medicine is a **lifelong commitment**, not just a degree
 - Importance of balancing **technology (AI) with clinical judgment**
 - Insight:
 - Increasing role of **AI & digital tools** in modern practice
 - Need for **ethical, patient-centered care**
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4. NEET MDS 2026 Application Correction Window Opens

- National Board of Examinations enabled:
 - **Correction window for NEET MDS 2026 applications**
 - Importance:
 - Critical update for **dental PG aspirants**
 - Reflects:
 - Continued expansion of **medical & dental education systems**
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5. Healthcare Access Still Limited by Affordability

- Reports highlight that:
 - High **out-of-pocket expenditure** remains a major issue in India
 - Key concern:
 - Many patients delay treatment due to cost
 - Solution direction:
 - Expansion of **universal health insurance coverage**
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6. Cardiology Update – Beta-Blocker Therapy Duration

- New global research suggests:
 - **Beta-blockers may be safely stopped after 1 year** in low-risk post-MI patients
 - Clinical implication:
 - Personalized therapy becoming important
 - Avoid **unnecessary long-term medication**
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7. Growing Focus on Preventive & Lifestyle Medicine

- Ongoing research emphasizes:
 - Aggressive **LDL reduction** lowers CV risk
 - Lifestyle interventions remain key in chronic disease prevention
 - Trend:
 - Shift from treatment → **risk reduction & prevention**
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