

## 1. Autism Care Strengthened – AIIMS Initiative

- **AIIMS Bhopal** introduced:
    - Group therapy sessions
    - Sensory development interventions
  - Focus:
    - Early diagnosis & multidisciplinary care
  - Key message:
    - Early intervention significantly improves outcomes in Autism Spectrum Disorder
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## 2. Pharma Innovation – Herbal Therapies Move Towards Commercialization

- National Institute of Pharmaceutical Education and Research signed a **technology transfer agreement**
  - Innovations include:
    - Herbal treatment for piles
    - Nutritional therapy for malnutrition in children
  - Impact:
    - Translating research → real-world patient care
    - Focus on **affordable indigenous therapies**
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## 3. Pharma Sector Update – Major Buyback Announcement

- Aurobindo Pharma approved:
    - ₹800 crore **share buyback**
  - Significance:
    - Indicates strong financial position
    - Positive signal for **Indian pharma growth & investor confidence**
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#### 4. Nursing & Paramedical Workforce Expansion

- Government opened recruitment for:
    - **2,300+ Nursing Officer posts**
  - Objective:
    - Strengthen hospital workforce
    - Improve patient care delivery
  - Clinical relevance:
    - Addresses **doctor–nurse ratio gaps** in India
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#### 5. Warning on Supplement Overuse & Lifestyle Risks

- Reports highlight:
    - Excess intake of supplements (e.g., Vitamin B3) → **liver toxicity risk**
  - Additional concern:
    - Unsafe rapid weight-loss practices trending
  - Clinical takeaway:
    - Emphasize **evidence-based lifestyle modification over shortcuts**
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#### 6. India's Public Health Progress – Key Indicators Improve

- Government data shows:
  - Significant reduction in:
    - Maternal mortality
    - Infant mortality
    - TB incidence
- Driven by:
  - National Health Mission
  - Screening & vaccination programs
- Insight:
  - India progressing toward **preventive & population health model**

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## 7. Ongoing Challenges – Medical Education & System Gaps

- Recent reports highlight:
  - Concerns over **MBBS exam evaluation irregularities**
  - Cases of **admission fraud**
- Implication:
  - Need for stronger **regulatory oversight in medical education**