

1. Cancer Declared Notifiable Disease in Telangana

- Telangana government made **cancer a notifiable disease**
- Mandatory reporting by:
 - All hospitals (public & private)
 - Diagnostic centers
- New centralized **cancer registry portal** launched

👉 Clinical impact:

- Better **early detection & surveillance**
 - Data-driven policy & resource allocation
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2. Maharashtra to Digitize Living Wills (Advance Directives)

- Maharashtra becomes first state to:
 - Maintain **digital records of living wills**
- Patients can document:
 - End-of-life care preferences
 - Refusal of life-sustaining treatment

👉 Clinical significance:

- Strengthens **patient autonomy & medico-legal clarity**
 - Supports implementation of passive euthanasia guidelines
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3. Major Push Against Substance Abuse – Deaddiction CoE

- New **Centre of Excellence for Deaddiction** launched in Hyderabad
- Hub-and-spoke model with:
 - 35 hospitals linked
- Includes:
 - ICU-level acute care
 - Rehabilitation & counselling

👉 Key takeaway:

- Integrated approach → **acute care + long-term recovery**
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4. Karnataka Orders Audit of Adolescent Pregnancies

- Mandatory statewide audit (age 10–18 years)
- Focus areas:
 - Early marriage
 - Contraception access
 - Education & awareness

 Public health impact:

- Early identification of **preventable teenage pregnancies**
 - Strengthens adolescent health programs
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5. New Dermatology Institute & Mental Health Program

- Advanced **Dermatology Institute** inaugurated
- Launch of **Raj-Mamta mental health program**
- Features:
 - AI-based diagnostics
 - School counselling & stress management

 Clinical relevance:

- Expands **skin care + mental health integration**
 - Promotes **early diagnosis & awareness**
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6. Corporate India Shifts to Preventive Healthcare

- Key trends:
 - 48% increase in annual health check-ups
 - 2.5× rise in doctor consultations
- Focus:
 - Continuous monitoring
 - Wellness-based healthcare

Insight:

- Shift from **reactive** → **preventive medicine**
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7. Clinical Insight – Emerging Research Updates

- New findings suggest:
 - Gut microbiota plays a key role in **intestinal health & disease**
 - High sugar intake may reduce effectiveness of **stress-relief therapies**

Practice point:

- Reinforces importance of:
 - **Lifestyle modification + gut health** in clinical care