

Background

- G-protein coupled receptors (GPCRs) are one of the most important protein families in the human body.
- They play a vital role in transmitting signals from hormones, neurotransmitters, and drugs to the inside of cells.
- Over 30–40% of modern drugs act by targeting GPCRs (used in conditions like hypertension, psychiatric illness, asthma, and cancer).
- However, studying their *real-time activation inside living cells* has been a major scientific challenge.

The Innovation

- A team of researchers at IIT-Kanpur has developed an antibody-based biosensor.
- This biosensor can track the activation of GPCRs in live cells.
- Key feature: It works without interfering with the receptors' normal functioning.
- Mechanism:
 - The sensor lights up with luminescence/fluorescence when GPCRs are activated by a ligand (drug or natural molecule).
 - This allows scientists to "watch" how receptors respond in real time.

Why This Matters

1. Drug Discovery & Development

- Can help pharma companies design better GPCR-targeted drugs.
- Provides a faster, more precise screening method for new molecules.

2. Reduced Side Effects

 By observing how drugs activate receptors in living cells, researchers can predict and minimize off-target effects.

3. Biomedical Research

 Offers insights into diseases linked with GPCR malfunction (neurological, cardiovascular, endocrine, etc.).

Potential Applications

- Development of safer psychiatric drugs (schizophrenia, depression).
- Monitoring cancer therapies that rely on GPCR pathways.
- Understanding metabolic diseases (like diabetes) where GPCRs regulate insulin and other hormones.
- Could be scaled up for high-throughput screening in pharmaceutical labs.

Expert View

Researchers highlighted that this innovation bridges a critical gap in GPCR research—allowing live, non-invasive, and real-time monitoring. This could put India on the map for frontline drug-discovery technologies.