

## 1. Cardiologists Highlight the Importance of Early Detection of Cardiac Sarcopenia

- Growing evidence links reduced skeletal muscle mass with:
  - Chronic heart failure
  - Frailty
  - Diabetes mellitus
  - Poor cardiovascular outcomes

 **Clinical Alert:** Early nutritional assessment, structured exercise, and optimal heart failure management may improve functional capacity and reduce hospitalizations.

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## 2. Integrated Surveillance Strengthened for Dengue, Malaria & Leptospirosis

- Health authorities are enhancing:
  - Integrated fever surveillance
  - Rapid diagnostic testing
  - Mosquito source reduction
  - Public awareness campaigns in high-risk districts

 **Clinical Insight:** Early differentiation of seasonal febrile illnesses is essential for timely treatment and prevention of complications.

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## 3. Physicians Stress the Importance of Medication Review in Patients with Multiple Chronic Diseases

- Routine reviews are recommended to:
  - Optimize treatment regimens
  - Reduce adverse drug reactions
  - Improve medication adherence
  - Identify potential drug interactions

 **Doctor Reminder:** Periodic medication review is an important component of quality care, particularly in elderly patients.

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## 4. Pulmonologists Emphasize Early Detection of Post-Infectious Lung Complications

- Increased vigilance for patients with:
  - Persistent cough
  - Breathlessness
  - Reduced exercise tolerance
  - Abnormal chest imaging

👉 **Public Health Impact:** Early pulmonary evaluation and rehabilitation can improve respiratory recovery and quality of life.

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## 5. Neurologists Highlight the Importance of Early Recognition of Peripheral Vestibular Disorders

- Clinicians are encouraged to evaluate:
  - Recurrent vertigo
  - Balance disturbances
  - Gait instability
  - Fall risk in older adults

👉 **Trend:** Timely diagnosis and vestibular rehabilitation can reduce falls and improve daily functioning.

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## 6. Hospitals Expand Digital Medication Safety Programs

- Healthcare institutions are implementing:
  - AI-assisted prescription verification
  - Electronic medication reconciliation
  - Clinical decision-support alerts
  - Automated adverse drug event monitoring

👉 **Impact:** Digital medication safety systems are helping reduce prescribing errors, improve patient safety, and support better clinical outcomes.