



1. India & WHO Summit on Traditional Medicine

PM Narendra Modi met with WHO Director-General Dr. Tedros at the WHO Global Summit on Traditional Medicine.

- The WHO chief highlighted India's role in integrating traditional medicine with modern scientific approaches.
- Discussions included boosting research collaboration and strengthening global traditional medicine evidence and regulations. This reflects ongoing efforts to position traditional health systems as part of mainstream global healthcare dialogues.



2. Free Atal Health Fair in Lucknow

A large **Atal Health Mela** is being held on **20–21 Dec** at Vikas Nagar Mini Stadium in Lucknow, offering **free health screening and specialist consultations** as part of public health outreach.



3. Winter Health Advisory

Doctors warn that **cold, dense fog**, and abrupt temperature drops are increasing risks of heart-related and respiratory illnesses in many northern regions.

Local clinicians are recommending careful monitoring of symptoms, warm hydration, and avoiding exposure to extreme cold.



4. Telangana Medical Education Reforms

The **Telangana government announced major reforms** in private medical college fees and training:

- Hidden fees for students to be eliminated.

- Better communication training (spoken English) for rural/ disadvantaged students.
- Mandatory mental health support (psychologists/psychiatrists).
- Infrastructure upgrades (digital classrooms, research centers).



5. Major Healthcare Infrastructure Project in Chandigarh

The Chandigarh UT plans a ₹2,160 cr Regional Medical Hub with:

- **1,050 beds** (Women & Children's care + Super-Specialty services).
- Facilities aimed at expanding maternal, neonatal, and advanced medical services.
- Goal: Transforming the UT into a North India healthcare hub.



6. Doctor Prescription Rules Updated

New guidelines require doctors to write medication names in *capital letters* on prescriptions to reduce confusion from illegible handwriting — a known patient safety issue.

- A committee will monitor adherence and report to the National Medical Council.



Other Official Health Bulletins

Latest Ministry of Health & Family Welfare (MoHFW) notifications include:

- Withdrawal of the advertisement for the **Drugs Controller (India)** deputation post.

- Selection notices for training programs for auxiliary nurse midwives (ANMs).
- Central Mental Health Authority member selections.

Emerging Health Alerts (Global Context)

Global disease alerts include *infant botulism in Tennessee* and *first pediatric influenza deaths in parts of the U.S.* in 2025–26 flu season, as well as *African swine fever outbreaks in Spain* — monitored by international networks like ProMED.

Urgent India-Specific Medical Report

A serious report notes that **multiple children with thalassemia in Madhya Pradesh tested positive for HIV after blood transfusions**, raising **blood safety concerns** and prompting investigations into clinical protocols across hospitals and clinics.

Cancer Burden Warning in India

Government data warns that if current trends continue, **India could see ~2 million cancer patients by 2040** — driven by aging populations, lifestyle risks (tobacco, poor diet, inactivity), and pollution-related lung cancers. Public health experts emphasize prevention and early detection.