



1. India & WHO Summit on Traditional Medicine

PM Narendra Modi met with WHO Director-General Dr. Tedros at the WHO Global Summit on Traditional Medicine.

- The WHO chief highlighted India's role in integrating traditional medicine with modern scientific approaches.
 - Discussions included boosting research collaboration and strengthening global traditional medicine evidence and regulations. This reflects ongoing efforts to position traditional health systems as part of mainstream global healthcare dialogues.
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2. Free Atal Health Fair in Lucknow

A large **Atal Health Mela** is being held on **20–21 Dec** at Vikas Nagar Mini Stadium in Lucknow, offering **free health screening and specialist consultations** as part of public health outreach.



3. Winter Health Advisory

Doctors warn that **cold, dense fog**, and abrupt temperature drops are increasing risks of heart-related and respiratory illnesses in many northern regions.

Local clinicians are recommending careful monitoring of symptoms, warm hydration, and avoiding exposure to extreme cold.



4. Telangana Medical Education Reforms

The **Telangana government announced major reforms** in private medical college fees and training:

- Hidden fees for students to be eliminated.

- Better communication training (spoken English) for rural/ disadvantaged students.
 - Mandatory mental health support (psychologists/psychiatrists).
 - Infrastructure upgrades (digital classrooms, research centers).
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5. Major Healthcare Infrastructure Project in Chandigarh

The **Chandigarh UT** plans a **₹2,160 cr Regional Medical Hub** with:

- **1,050 beds** (Women & Children's care + Super-Specialty services).
 - Facilities aimed at expanding maternal, neonatal, and advanced medical services.
 - Goal: Transforming the UT into a North India healthcare hub.
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6. Doctor Prescription Rules Updated

New guidelines require doctors to write medication names in *capital letters* on prescriptions to reduce confusion from illegible handwriting — a known patient safety issue.

- A committee will monitor adherence and report to the National Medical Council.
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Other Official Health Bulletins

Latest **Ministry of Health & Family Welfare (MoHFW)** notifications include:

- Withdrawal of the advertisement for the **Drugs Controller (India)** deputation post.

- Selection notices for training programs for auxiliary nurse midwives (ANMs).
 - Central Mental Health Authority member selections.
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Emerging Health Alerts (Global Context)

Global disease alerts include *infant botulism in Tennessee* and *first pediatric influenza deaths in parts of the U.S.* in 2025–26 flu season, as well as *African swine fever outbreaks in Spain* — monitored by international networks like ProMED.

Urgent India-Specific Medical Report

A serious report notes that **multiple children with thalassemia in Madhya Pradesh tested positive for HIV after blood transfusions**, raising **blood safety concerns** and prompting investigations into clinical protocols across hospitals and clinics.

Cancer Burden Warning in India

Government data warns that if current trends continue, **India could see ~2 million cancer patients by 2040** — driven by aging populations, lifestyle risks (tobacco, poor diet, inactivity), and pollution-related lung cancers. Public health experts emphasize prevention and early detection.